Medium Intensity Program Schedule

	8AM Meditation		
Track 1 and 2	Track 1	Track 1 and 2	Track 1
			9AM-11AM
1	•	-	Medium Intensity
Education	Skills Group/Art Therapy	Education	Process Group/Stress Management
	Track 2		
	8:50AM-10:20AM		Track 2
	Medium Intensity		9AM-11AM
Check-In/Process Group	Skills Group/Therapeutic		Medium Intensity
	Recreation		Process Group/Employment
Track 1		Track 1	Skills
10:30AM-Noon	Track 1 and 2	10:30AM-Noon	
Medium Group		Medium Group	
Skills Group/Employment	•	Skills Group/Therapeutic	
Skills	Education	Recreation	
Track 2		Track 2	
10:30AM-Noon			
·		•	
Skills Group/Stress		Skills Group/Art Therapy	
Management			
	12 Noon- Lunch	l	
Track 1 and 2		Track 1 and 2	
1:30PM-3:30PM	1:30 PM Walmart Trip-	1:30PM-3:30PM	
Medium Intensity	Male Clients Only	Medium Intensity	
Process Group with		Process Group with	
Individual Counselors		Individual Counselors	
	5PM-6PM Suppe	er	
	8:50AM-10:20AM Medium Intensity Education Track 1 10:30AM-Noon Medium Group Skills Group/Employment Skills Track 2 10:30AM-Noon Medium Group Skills Group/Stress Management Track 1 and 2 1:30PM-3:30PM Medium Intensity Process Group with	8:50AM-10:20AM Medium Intensity Education 8:50AM-10:20AM Medium Intensity Skills Group/Art Therapy Track 2 8:50AM-10:20AM Medium Intensity Skills Group/Therapeutic Recreation Track 1 10:30AM-Noon Medium Group Skills Group/Employment Skills Track 2 10:30AM-Noon Medium Intensity Education Track 2 10:30AM-Noon Medium Group Skills Group/Stress Management Track 1 and 2 1:30PM-3:30PM Medium Intensity Process Group with Individual Counselors	8:50AM-10:20AM Medium Intensity Education Track 2 8:50AM-10:20AM Medium Intensity Education Track 2 8:50AM-10:20AM Medium Intensity Education Track 2 8:50AM-10:20AM Medium Intensity Skills Group/Art Therapy Track 1 10:30AM-Noon Medium Group Skills Group/Employment Skills Track 2 10:30AM-Noon Medium Group Skills Group/Employment Skills Track 2 10:30AM-Noon Medium Group Skills Group/Stress Management Track 1 12 Noon- Lunch Track 1 and 2 1:30PM-3:30PM Medium Intensity Process Group with Track 1 and 2 1:30PM-3:30PM Medium Intensity Process Group with

Medium Intensity Clients must accumulate fifteen hours of programming each week, including a single hour individual session with an assigned counselor. Tracks are assigned upon admission.