

Medium Intensity Sign Out Opportunities

Phase One (per week):

- Medical, Dental and Mental Health Appointments
- Staff transported activities including Walmart, community support meetings and sober recreational activities.

Phase Two (per week):

- One worship sign out
- Three community support meetings
- Staff transported trip to Walmart
- Three two-hour recreation sign outs (with a buddy)
- Medical, Dental and Mental Health Appointments

Phase Three (per week):

- One worship sign out
- Three community support meetings
- Four four-hour recreation sign outs
- Three interview sign outs
- Medical, Dental and Mental Health Appointments
- Work or volunteer hours- up to 30 hours per week

“Buddy” refers to a Red River Recovery peer that is not on any restriction at the time of sign out.

Allowed sign outs are listed per week.

- Example: On Phase Three client is allowed four four-hour recreation sign outs per week for their duration of time on phase three.