

Medium Intensity Sign Out Guidelines-

Week One (Days 1-7)

- Medical and Mental Health Appointments (staff transport only)
- *Optional* Friday Trip to Walmart (staff transported)
- *Optional* Friday Community Support Meeting (staff transported)

Week Two (Days 8-14)

- Medical and Mental Health Appointments (staff transport only)
- *Optional* Friday Trip to Walmart (staff transported)
- *Optional* Friday Community Support Meeting (staff transported)
- One Two-Hour Sign Out for Worship (with a buddy)
- One Sign Out for a Community Support Meeting (with a buddy)
- Three Two-Hour Recreation Sign Outs (with a buddy)

Week Three (Days 15-21)

- Medical and Mental Health Appointments (staff transport only)
- *Optional* Friday Trip to Walmart (staff transported)
- *Optional* Friday Community Support Meeting (staff transported)
- One Two-Hour Sign Out for Worship (no buddy required)
- One Sign Out for a Community Support Meeting (no buddy required)
- Three Four-Hour Recreation Sign Outs (no buddy required)
- Job Interviews/Workforce Center Appointments (approved by counselor/no buddy required)

**Buddy refers to a Red River Recovery peer that is not on restriction at the time of sign out.