Medium Intensity Residential Program Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am-9:00 am Breakfast					6:30 am- 10:00 am Breakfast	
8:00 am Morning Meditation					By 10:30 am Therapeutic Chore Completed	
By 9:00 AM Therapeutic Chore Completed						
9:00am-10:30am Medium Group	9:00am-10:30 Peer Group	9:00am-10:30 Relapse Prevention Group	9:00am-10:30am Peer Group	Optional: Staff transported trip to Walmart		
11:00am-12:00N Education	11:00am-12:00N Education	11:00am-12:00N Education	11:00am-12:00N Education			
12:00N- 1:00pm Lunch	12:00N - 1:00pm Lunch	12:00N - 1:00pm Lunch	12:00N - 1:00pm Lunch	12:00N - 1:00pm Lunch	12:00N - 1:00pm Lunch	12:00N - 1:00pm Lunch
1:30pm -3:00 pm Medium Intensity		1:30pm -3:00 pm Medium Intensity	1:30pm -3:00 pm Medium Intensity	Optional: Staff transported support meeting		
4:45pm - 6:00pm Dinner	4:45pm - 6:00pm Dinner	4:45pm - 6:00pm Dinner	4:45pm - 6:00pm Dinner	4:45pm - 6:00pm Dinner	4:45pm - 6:00pm Dinner	4:45pm - 6:00pm Dinner
6:00pm - 7:00pm In House SMART meeting	6:00pm-7:30pm Peer Group (Need to attend if did not attend 9:00 am group)	6:00pm-7:30pm Peer Group (Need to attend if did not attend 9:00 am group)	6:00pm-7:30pm Peer Group (Need to attend if did not attend 9:00 am group)			
11:00 pm Curfew	11:00 pm Curfew	11:00 pm Curfew	11:00 pm Curfew	11:00 pm Curfew	11:00 pm Curfew	11:00 pm Curfew